

LET'S TALK ABOUT COURAGE

*Disturb us, Lord, when we are too well pleased with ourselves,
When our dreams have come true
Because we have dreamed too little,
When we arrived safely
Because we sailed too close to shore.*

*Disturb us, Lord, when with the abundance of things we possess
We have lost our thirst
For the waters of life;
Having fallen in love with life,
We have ceased to dream of eternity
And in our efforts to build a new earth,
We have allowed our vision
Of a new Heaven to dim.*

*Disturb us, Lord, to dare more boldly,
To venture on wider seas
Where storms will show your mastery;
Where losing sight of land,
We shall find the stars.
We ask You to push back
The horizons of our hopes;
And to push into the future
In strength, courage, hope, and love.*

-attributed to Sir Francis Drake - 1577.



When I think of courage, I think of Ron Heagy. We have been privileged to hear him speak three times at AIM conventions. The day before his eighteenth birthday his plans for the future were profoundly disturbed. Because we want more people to hear *his* message of “strength, courage, hope and love,” we are inviting him to speak for our next *Optimal Health Seminar*

What: an informative, inspiring, two and half days on the beautiful campus of St Olaf College*

Where: Northfield, Minnesota

When: 17-19 July 2008

Who: We are inviting alums of *Let's Be Well*, past *Optimal Health Seminar* participants, and AIM members within 300 miles of Northfield. If you are one of the latter, AIM has sent you a survey asking if we can count on you to participate. Your reply does not bind you to anything, but Ron Heagy is a high maintenance speaker, and we will need a reasonably firm commitment from MANY people to find our own courage to take on this project. If you have been part of one or more of the three categories above sometime since 1998, you know that we [Dick and Carol Cover, Angie and Jerry Olson] have hosted five Optimal Seminars, the 100 City Tour, and two Super Saturdays. EVERYONE IS WELCOME.

Please mark your 2008 calendar. Complete details will be forthcoming.

*This event is arranged through the Office of Guest Services and is not affiliated with St Olaf College.
